



Government Degree College, Porumamilla
Department of Economics
Activities 2021-2022

1. Name of the Activity	Awareness program on Health and hygiene
2. Name of the Lecturer	D.Guramma
3. Date	07/03/2022
4. Number of students participated	30
5. Number of faculty involved	4
6. Aim & Objectives : To educate the students the various nuances of health and hygiene. To awareness on the nutritional needs and maintain better health. To support girls and bring awareness on menstrual and gender related issues.	
7. Brief Report;- As most of the girl students are hailing from rural back ground they are vulnerable to various problems such as personal health & hygiene, adolescence related problems, problems with relationships, sexuality and addictions. As a response to meet their needs the counseling Centre organizes orientation programmes on Health, hygiene and Sexuality. Usually, the girls from Shift I and Shift II attend a common programme organized by the counseling Centre. For such gatherings the girl student's welfare committee members are invited and some of the members share their experiences and give the students some tips on health & hygiene. The girls are highly encouraged to interact with the resource persons. The girls are also informed about the counseling facilities available in the college. Signature of the Department in Charge:	







